

Artist Statement

My name is Allison Spreadborough. I'm a watercolor artist and Sacramento native. Plein air painting is a passion as is painting intuitively from a nature-inspired prompt. I create landscapes to express my fascination with the ability of nature to quiet the mind and invoke a sense of wonder.

When painting outdoors, I begin with a small compositional value sketch which I transfer to cotton paper. I start painting with a wet-into-wet technique which entails painting with moist paint on wet paper. It's exciting to see what happens as granulating and dye based pigments mingle and to see how evaporation impacts each section of the painting. There's a lot of serendipity involved with working wet-into-wet.

I typically paint in a style which I call *Dreamy Expressionism meets California Regionalism*. California Regionalism celebrates a loose and abstracted blend of East and West influences such as brush calligraphy, simplicity, bold color and symbolism. Later, in the studio, I problem solve the painting in an over-head mirror to critique any issues. Although this watercolor technique is unpredictable, the process feels freeing and the creative potential is infinite.

RESUME

Allison Spreadborough

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MEDIUM:

Watercolor on Archival Cotton Paper or Aquabord

GALLERIES:

Pence Gallery, Davis, CA

MEMBERSHIP:

California Watercolor Association

National Watercolor Society

Verge Center for the Arts, Sacramento, CA

ARTIST RESIDENCY:

Residency at Pond Farm - California State Park Recreation Area, Guerneville, CA in May 2019 <https://www.artistcommunities.org/residencies/pond-farm-artist-residency>

Artist in Retreat - Mendocino Art Center, Mendocino, CA in April 2021

RECENT EXHIBITS:

2021

Pure Paint, an International Exhibition, Arts Benicia, Benicia, CA; Juror, Nicholas Wilton

California Watercolor Association's 52nd National Exhibition; Juror, Andy Evansen; Harrington Gallery, Pleasanton, CA

PBS KVIE Art Auction, Sacramento, CA; JURERS AWARD, Miles Hermann, Juror of Landscape Awards

Illusion of Light, THIRD PLACE AWARD, California Watercolor Association (CWA); Lindsay Dirx Brown Gallery, San Ramon, CA; Members Exhibit; Juror, Karen Frey; Robin Purcell, Juror of Awards

2021 Art Farm Juried Exhibition/Silent Auction; JURERS AWARD; Juror, Natalie Nelson, Pence Art Gallery, Davis, CA

Dream State, a regional Juried Exhibition, The Museum of Northern California Art MONCA in Chico, CA; Selection by Exhibition Committee

Spring into Art, California Watercolor Association (CWA) - Members Exhibit, Juror, Melissa Adkison MCWA

Mendocino Art Center, Open Plein Air Paint Out Exhibition; Mendocino, CA

8 Watercolor Artists at The Art Studios; Sacramento, CA

Big Names, Small Art, Art Auction; Crocker Art Museum, Sacramento, CA

Verge Center for the Arts, Sacramento, CA; Preview Exhibition for 2,021 Sac Open Studios

Pence Gallery Art Auction, Davis, CA

Plein Air Sac Fall Exhibit; Antiquite Midtown; Sacramento, CA

2020

Fresh Art 2020, a regional Juried exhibit; Marin Society of Artists, San Rafael, CA; Juror, Jen Tough

Verge Center for the Arts, Sacramento, CA; Annual Art Auction

10th Annual Juried Exhibition - California Dreaming; Village Theatre Art Gallery, Danville, CA; Juror, Shelley Barry

Celebration of Art 2020, a National Juried Exhibit; Marin Society of Artists, San Rafael, CA; Juror, Dennis Kautsky Calabi

PBS KVIE Art Auction, Sacramento, CA

WASH 42nd Annual "Go with the Flow" Open Exhibit, Sacramento, CA; Juror, Dale Laitinen.

1st Annual Women in Watercolor International Juried Competition; Juror, Lynn D. Pratt

Pence Gallery Art Auction, Davis, CA

Verge Center for the Arts, Sacramento, CA; Preview Exhibition for 2020 Sac Open Studios

The Great Paint-in, Gallery CERO

Solo Exhibit: March-May at Crepeville, Sacramento, CA

2019

California State Fair, Fine Arts Exhibit, Sacramento, CA

Slice, Pence Gallery, Davis, CA; Juror, Julia Couzens

PBS KVIE Art Auction, Sacramento, CA

Verge Center for the Arts, Sacramento, CA; Preview Exhibition for 2019 Sac Open Studios

If I only had words to tell you/Annual Juried Exhibition, Gallery Route One - Point Reyes Station, CA; Juror, M. Louise Stanley

7th Annual Open Fine Arts Juried Competition, Elk Grove Fine Arts Center, Elk Grove, CA; Judge, Michelle Gregor

Pence Gallery Art Auction, Davis, CA

Members Inaugural Exhibit; Rancho Cordova Arts, Rancho Cordova, CA

Elk Grove Artists – 2019 Art Extravaganza Fair and Exhibit, Elk Grove, CA;
HONORABLE MENTION; Judge, Telagio Baptista

Big Names, Small Art, Art Auction, Crocker Art Museum, Sacramento, CA

2018

In the Fields: Botanical Lore, Juried Competition, Arts Benicia, Benicia, CA; Juror,
Jennifer Perlmutter

6th Annual Open Fine Arts Competition, Elk Grove Fine Arts Center, Elk Grove, CA;
Judge, Kristina Gilmore

Road Maps/Annual Juried Exhibition, Gallery Route One - Point Reyes Station, CA;
Juror, DeWitt Cheng

Elk Grove Artists - Inaugural ARTSbeat Art Fair and Competition, Elk Grove, CA;
HONORABLE MENTION; Judge, David Peterson

Big Names, Small Art, Art Auction, Crocker Art Museum, Sacramento, CA

Pence Gallery, All Things Wicked, Davis, CA, Curated by Eileen Hendren

Celebration of Life, Gallery 1855, Davis, CA; 9th Annual Non-Juried Group Exhibit

Pence Gallery, Annual Art Auction, Davis, CA

Verge Center for the Arts, Sacramento, CA; Preview Exhibition for 2018 Sac Open
Studios

PERMANENT COLLECTION:

Sacramento City College, Kondos Gallery, Sacramento, CA

Point Reyes National Seashore Association, Point Reyes, CA

TEACHING:

Assistant, Sacramento City College – Davis Campus, Sacramento, CA (course:
Beginning and Advanced Watercolor, Spring 2017 with Professor David
Lobenberg)

Assistant, American River College, Sacramento, CA (course: Beginning Watercolor, Fall 1990 with Professor Gary Pruner)

CURATION:

February 2020: Watercolor Masters - Landscape; Elliott Fouts Gallery, Sacramento, CA; Masters: Barbara Nechis, Carolyn Lord, Dale Laitinin and Juan Pena. Curators: Allison Spreadborough and Jennifer Tachera

<https://www.efgallery.com/event-works.php?eventId=13077&event=Watercolor+Masters%3A+Landscape>

MEDIA/PUBLICATIONS:

Print: One Hundred Years, One Hundred (and Twenty) Artists, An Exhibition Featuring Seven Decades of Sacramento City College Art Alumni, 2016

Online: Administrator and Creator of “Sacramento Watercolor Artists”, a Facebook Group est. 2015:

<https://www.facebook.com/groups/871398396245748/>

Online: Administrator and Creator of Sacramento Urban Sketchers and Plein Air Artists, a Meetup Group est. 2019

EDUCATION:

2008 – current Multi-day art workshops taught by (select): Barbara Nechis, Bill Cone, Tony Couch, Carolyn Lord, Charles Reid, Dale Laitinin, and Tom Hoffmann

1987 – 2007 Sacramento State University, American River College, and Sacramento City College with professors: Anne Gregory, Bill Chambers, Fred

Dalkey, Gary Pruner, Harold Schwarm, Joan Moment, Michaele LeCompte, Oliver Jackson.

2012 Bachelor of Arts with Honors in Psychology, National University, La Jolla, CA

Born in Sacramento, California